

# Recommended Reading & Self Study

*Unconditional Parenting*, Alfie Kohn

*Punished by Rewards*, Alfie Kohn

*Duct Tape Parenting*, Vicki Hoefle

*The Conscious Parent: Transforming Ourselves, Empowering Our Children*, Dr. Shefali Tsabary

*Positive Discipline*, Jane Nelsen & Lynn Lott

*What Life Could Mean to You*, Alfred Adler

*The Wisdom of the Enneagram*, Don Riso & Russ Hudson

*How To Talk So Kids Will Listen and Listen So Kids Will Talk*, Adele Faber, Elaine Mazlish, et al

*Its OK to Go Up the Slide*, Heather Shumaker

*Its OK Not to Share*, Heather Shumaker

*No Bad Kids*, Janet Lansbury

*Elevated Child Care*, Janet Lansbury

Family Tree Therapies Podcast - Stacy Pulley & Terri Cooper

Unruffled Podcast - Janet Lansbury

