

Developing Curiosity

In order to fully understand something, to change it, we must investigate it.

Questions I regularly ask:

Planning the investigation: what steps do we need to take to get more information?

Data collection: curiosity questions with *true* curiosity because you want to know:

Data analysis: what information did you find out that you didn't know about before? Did your understanding give you a different perspective?



Corrective Action: what steps can we take to ensure things are solved more appropriately next time? How do we need to clarify our perspective? How can we be more inviting of others? How do we invite *integration* of our brain, versus running on old responses?

Reporting results: how can we communicate that we understand? How do we model what we need going forward? How can we be clear in expectations without anger or other unhelpful emotion?

