

# Consequences and Punishment

## *Does your discipline “teach”?*

List some things in your home that have occurred that would be considered “natural consequences”:

Challenge	The natural outcome was...
<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>

List some times in your home that “logical consequences” have been applied:

Challenge	Consequence that taught a skill/lesson
<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>

List punishments used now or in the past - asking yourself: are they reasonable, related, and respectful? What message does it send, and what does it teach?

  
  
  
  
