



# Ways To Make Articulation Practice Fun and Effective at Home

Keep your child motivated and engaged while practicing their speech sounds at home. This is a time that they should enjoy and have fun rather than dread become frustrated. Below you will find different ways to keep articulation practice fun and effective.

- 1. Add a game:** Simply adding a game makes the practice fun. With turn-taking games, the child has a break from their sounds while they play and do their sounds when the other person goes. Other simple games such as tossing a ball into a basket could be a fun way to engage your child
- 2. Have the child come up with the words:** Let your child take over some control of the practice. Have them come up with words, sentences, or stories with their sounds.
- 3. Go outside:** Get outside the house and create unique ways to practice sounds. Play I spy, get the sidewalk chalk out, and draw pictures with the sounds, or play catch.
- 4. Set up off days:** Taking breaks can be a good thing. You can set up 1 or 2 consistent days of breaks from practice. Such as days with therapy.
- 5. Pick one sound a day:** If your child has multiple sounds they are working on in speech therapy. Pick one to work on each day. This allows them to put their full focus on that one sound.
- 6. Record it:** When starting therapy, record your child saying their sounds. Later, when they are practicing you can compare their old sounds to their current sounds. This way they can hear their progress. You can also record during your practice and ask them what they think of the sounds (should they try again or did they get it?).
- 7. Be creative:** Think of ways to make practice fun. Play with each other, do a treasure hunt to find objects with their sounds, do a craft, or build a tower of blocks.
- 8. Read:** Can't think of any more words with your child's sounds. Grab a book and stop when you get to a word with the sound or point out pictures with the sound.
- 9. Consistency is key:** Set a time of day when you and your child are going to practice their sounds. Along with setting an amount of time such as 10 minutes. That way there are no surprises and they know what to expect.